

General Basketball Information

Team Formation:

- Kindergarten-8th grade. Boy's girl's leagues. Girls can request to play on a boy's team.
- Individual players will be placed on teams according to the school they attend.
- Players can request a coach or teammate. Requests are honored based on team availability.
- Players can collectively register as a team.
- The maximum roster for all leagues is 10 players.
- All teams play 5v5.
- Once rosters are given out at the coaches meeting, players may not be added to a team without approval from the sports director.
- If a roster has less than 9 players on the team the YMCA reserves the right to add players to reach maximum roster.
- Any player who is not registered to the team with the YMCA is subject to removal of the league as well as the coach. The game will be forfeited and Basketball Committee will determine further appropriate action if needed.
- Players can "play up" a league. Player cannot play down. No exceptions
- Teams may play interleague games with local YMCA's for additional play.

Player Information:

- All players must play equal time or 50% of the game. This rule is strictly enforced.
- Your coach will call or email you after the coaches meeting. If you have not heard from anyone one week after the coaches meeting, you may call the YMCA sports department for further assistance.
- Volunteer coaches choose the location, day, and time of practices after the coaches meeting. Please respect their decision as they are volunteering their time. (Gym space can be limited and sometimes a coach may not have a choice for practice location and time).
- Only non-marking, non-cleat athletic shoes may be worn at practices and games.
- Uniforms are not provided in the registration fee.
- No two players on the same team may wear a jersey with the same number.
- If a uniformed player on the bench will not be participating in the game due to illness the coach must notify the official prior to the beginning of the game.
- For you child's safety, jewelry cannot be worn by players during games except for medical or religious purposes-in this case it must be taped to the body. Earrings, necklaces and bracelets must be removed. Band-Aids/tape must be placed over newly pierced ears during games.
- Player's attendance or performance at the week's practice will not affect the playing time in the games.
- Noise making devices an official deems as "taunting" or "un-sportsman like" are not allowed.